

# ORI 107 : STUDENT SURVIVAL SKILLS

This course is designed to provide students with information to improve their success as students in a college environment. Specific topics include stress management, time management, goal setting, improving listening and note taking skills, identification of optimum learning styles, reading skills, study skills, problem solving and decision making, test taking strategies, and financial management.

**Credits** 1

**Lecture Hours** 1

**Lab Hours** 0